

# Summer vacations in Trollhättan

Lots of fun for you who are between 6-17 years old

Summer 2017

## Create and experience with N3 this summer

### Free of charge

N3's happy summer group will this summer go out to Trollhättan's residential areas, parks and playgrounds. Come and create and have lots of fun together with us. We will dance, play theatre, play music and create different materials. We will bring everything with us that is needed and everything is free of charge.

## Fun and games during the whole summer vacations.

Games, craft work, puzzles and other lot of fun for you who are between 6 – 12 years old during the whole summer vacation i.e. during 19 June - 18 August. Mondays to Fridays from 10.00 – 17.00

*Free of charge, no enrolment required.*

**KRONOGÅRDEN** – at Kronan

Contact: Jesper Nissinen, 0520-49 78 90

**LEXTORP** – Lexington recreational centre

Contact: Lubna Ladak, 0767-07 15 51 and Hana Xhambazi, 0790-73 51 93.

**SANDHEM** – Storegårdsparken

Contact: Oskar Ekman, 0729-91 80 73.

**SKOGSHÖJDEN** – Skogshöjdens recreational centre

Contact: Frida Österberg, 0707-38 83 63

In case of bad weather, we will move in to the recreational centre so that even if it rains during summer, you can still have fun with different games every weekdays.

### SWIMMING AND GAMES AT GADDESANNA

Come along with us on the bus trip to Solegården for picnic, games and other enjoyments.

*The picnic is free of charge. Snacks and lunch is included.*

We will drive from Kronan and Storegården!

**27<sup>th</sup> June and 8<sup>th</sup> July**

We will drive from Lextorp recreational centre and Skogshöjdens recreational centre.

**29<sup>th</sup> June and 10<sup>th</sup> August.**

Departure at 09.30 and return home at 16.30

Enrol yourself with the staff in your respective area

/Welcome

## Camps and picnics...

### SAIL IN THE SUMMER

**The school training ship T/S Britta will take us on a sailing adventure starting from Uddevalla.**

For you who are in the 7<sup>th</sup> grade and also for the students of 1<sup>st</sup> year of high school can come along with us on a sailing tour between 6-7 July.

**Free of charge.** Enrolment and questions will be made at your recreational centre in your area.

### SUMMER CAMP IN ÖRESJÖ

Come along with the recreational centres on a camp during weeks 25, 26, 27 or 28. In the summer.

**Free of charge!** Enrolment and questions will be made at your centre.

## *Ride and swim in the sea!*

### KICK-START THE SUMMER VACATIONS

“V-huset” goes on a picnic on Friday 16<sup>th</sup> June. Come along to kick-start the vacations with riding and swimming in the sea!

**Free of charge, but limited amount of vacancies.**

Enrol yourself and get more information: Recreational Centre “V-huset”, 0520-49 63 66

### MORE CAMPS FOR GIRLS!

- SUMMERCAMP FOR GIRLS IN ÖRESJÖ
- GIRLS CAMP TO KYRKEKVARN IN TIDAHOLM
- FREE OF CHARGE BUT THERE'S ONLY 7 VACCANCIES!
- GIRLS TRIP TO LYSEKIL
- FREE OF CHARGE BUT THERE'S ONLY 7 VACCANCIES!

## Summer with the recreational centres

For you who are between 12-17 years. **Everything is free of charge!**

### Summer vacations at Öresjö

19<sup>th</sup> June – 12<sup>th</sup> July

Monday, Tuesday and Wednesday 12.30 – 17.30

Free of charge, including bus rides.

You who are in the 6<sup>th</sup> grade and up to 1<sup>st</sup> year of high school can free of charge enjoy summer vacations with us at Öresjö! Tramp, volleyball, canoe, surfboard, kayak, sunbathing, fishing, swimming, crafting and the master challenge. There is a lot to do regardless of the weather. You can buy hamburgers, juice, ice-cream etc. or you can bring your own lunch.

*Bus times: Contact your recreational centre.*

### THE MASTER CHALLENGE

Week 25 – 28 during “Summer holidays at Öresjö”.

Take the opportunity and try events inspired by SVT’s programme “Mästans Mästare”. The recreational centres’ “The master challenge” will put your strength, endurance, and brain to the test. Bring your friends and challenge other youths from whole Trollhättan.

Arranged in cooperation between the recreational centres and “Integrera Mera”.

For more information Contact, Christof, 073-34 89 676 and Lena, 073-34 89 477

Questions?	Contact your Youth centre:
KRONAN	0520-49 63 59
LEXINGTON	0520-49 63 66
SJUNTORP	0520-49 63 36
SKOGSHÖJDEN	0520-49 65 08
STRÖMSLUND	0520-49 66 21
SYLTE	0520-49 60 68
V-HUSET	0520-49 73 81
ÖRESJÖSTUGAN	0520-49 53 56

### CULTURAL WEEK AT STOREGÅRDENS RECREATIONAL CENTRE

You can choose between different activities at Storegårdens recreational centre and It’s surrounding parks. All activities are free of charge for everyone and everybody is welcome regardless of which area you live in during **week 29**.

## 2 new exciting summer numbers and 1 bicycle number repeated from last year.

### SUMMERCYCLING

Cycling for you who is between 6-12 years during the summer.

The success from the last summer is back, come and ride Trollhättan City’s exciting technique track with exciting obstacles, road signs, zebra crossings, roundabouts and lots of fun. You will also get to learn what the most important road signs mean. Our kind staff will treat you to snacks and if you are lucky they will read loud from a nice book while you enjoy your bun. If you do your best you will get a diploma which will show that that you have passed the bicycle course.

Moreover everyone who have participated in the course are also invited to drottningstorget in the city centre. You will get new challenges with children from different parts of Trollhättan, and an opportunity to get your very own bicycle license.

Helmet is compulsory. Please kindly bring your own bicycle, a couple of bicycles and helmets are available to be borrowed.

### MAKE A MUSIC VIDEO WITH MUSICALY.LY

Download the free app [Musical.ly](https://musical.ly) to your mobile and come to the studio that drives around in Trollhättan during weeks 26 – 29 and weeks 32 – 34. You can also use our mobile when you make your own video.

### CHALLENGE YOURSELF ON THE NINJA TRACK!

For you who are between 10 – 16 years

**Free of charge.** No enrolment required.

**Come to Drottningstorget and challenge yourself in an awesome, exciting obstacle course, inspired by the TV-programme Ninja Warrior.**

The course will be available from 26 June – 22 August. The course will be open with staff on weekdays, approx. 10.30 – 18.30.

Attention. The track will be removed during week 29 for the Waterfall Festival (Fallens dagar) to make room for the artists and the public.

## Do you like to write, create and read?

### HANG OUT ON THE BOOK MOBILE AT ÖRESJÖ DURING THE SUMMER.

The library moves to Öresjö with the recreational centres. Writing workshops blackout poetry, making your own badges, Emoji poetry, come and be creative and hang out in the book mobile's super cosy "summer get-together"

Week 25 Monday – Wednesday approx. 12:00 hours – 15:00

Week 26 Monday – Wednesday approx. 12:00 hours – 17:00

### SUMMER READING

**Come to the City library and enjoy the summer with books.**

**Book drop-in with lot of fun during summer**

Wednesday 5 July 14:00- 16:00

Tuesday 11 July 14:00- 16:00

Tuesday 18 July 14:00- 16:00

Tuesday 25 July 14:00- 16:00

## Other activities for free

### FREE DANCE COURSES FOR YOUTHS "WE LEARN TOGETHER"

19 – 23 June 9:00- 15:00 at Kronan's dance hall. Ages 10 – 17 years

26 – 30 June 9:00- 15:00 at Kronan's dance hall. Ages 10 – 17 years

### YouTube course

From 26 – 30 June 9:00 – 15:00 at "Studieförbundet Vuxenskola's" premises. Ages 10 – 17 years.

From 3 – 7 July 9:00 – 15:00 at "Studieförbundet Vuxenskola's" premises. Ages 10 – 17 years.

### Football course

From 3 – 7 July 9.00 – 15.00 Skoftebyn's IF. Ages 10 – 14 years. From 7 – 11 August 9.00 – 15.00 Skoftebyn's IF. Ages 10 – 14 years. Enrolment for all courses to: [malin.danielsson@viunga.se](mailto:malin.danielsson@viunga.se) or SMS to 0708-553 035.

### OPEN FOOTBALL FOR BOYS

FREE! IFK-Trollhättan – Ung fritid Kamratgården. Football training for you who are new and still not found your own club or just want to play football without any demands. Ages 10 – 16, you will be divided on the spot according to your age.

Week 23 – 27, Tuesday and Wednesday 16:00 – 17:30.

Leader and contact person: Aram Cicek 073-964 72 78

### OPEN FOOTBALL FOR GIRLS

"Futebol Aberto". FREE! IFK-Trollhättan, Kamratgården. Football training for you who are new and still not found your own club or just want to play football without any demands. Ages 10 – 16, you will be divided on the spot according to your age. Week 23 – 27, Mondays 16:00 – 17.30. Leader and contact: Merry Jadan 076-9469770 or Patricia Daoud 0760-856969.

### THE CHURCH IN LEXTORP IS OPEN DURING SUMMER

During 27 June - 3 August on Tuesdays, Wednesdays and Thursdays 10.00-12.00 Fellowship for all ages, games, crafting, song and music, snacks and worship.

Children under 6 years are welcomed accompanied by an adult. No cost and no enrolment required. Welcome!